

SECTION 1 — EVALUATION OF TECHNICAL AND PERFORMANCE SKILLS —  
10 marks

Attempt ALL questions

Base your answers on a performance you have taken part in during the Dance course.

Identify one technical strength in your own dance performance.

One technical strength is  
flexibility.

1. (a) Describe one technical exercise you worked on in class to maintain this strength. 2

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~~Corner work~~ One technical exercise  
I worked on in class was  
corner work. This helped me maintain  
flexibility as it is <sup>set up as</sup> ~~totally~~ a square  
and on each side of the square

I do all types of different kicks. I do  
this 3 times a week for 15 minutes.

- (b) Explain in what way this technical strength enhanced your overall dance performance. 2

Flexibility enhanced my overall  
performance as the choreography  
had a lot of spins which I struggle  
with so my ~~flexible~~ flexible  
legs made up for my poorly  
~~performed~~ performed turns.

2. Alignment and posture is an important aspect of dance performance.

Give an example of how alignment and posture could have a negative effect on your own performance.

2

Alignment and posture could have a negative effect on my performance as my choreography could look untidy and messy if the shapes I am hitting aren't <sup>in</sup> the right place and if my posture isn't appropriate for that dance style. For example in ballet you're supposed to be lifted and <sup>if</sup> your arms are in second ~~position~~ position it's supposed to be shoulder height. if not it would look messy. [Turn over]

## 3. Select one performance skill from the options below.

Tick (✓) one box.

 self-expression dynamics musicality

\*

(a) Describe a task you took part in to improve the performance skill you have selected.

2

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For musicality I ~~chose~~ took part in an improvisation with a partner exercise and when my teacher put on music we couldn't talk to each other all we had to do was dance together to different types of songs to find our

(b) Evaluate in what way the task helped to enhance your selected performance skill.

2

This task helped me ~~to~~ positively in my performance as I could then find the right rhythm when my music changed I had the ability to change ~~my~~ <sup>the</sup> beat I am dancing to confidently.

## SECTION 2 — KNOWLEDGE AND UNDERSTANDING OF A DANCE STYLE — 10 marks

Attempt ALL questions

Select a dance style that you have studied during the course.

Selected dance style: Hip Hop

4. (a) State the time and place your selected dance style originated. 2

Hip Hop was originated in  
Late 1970s. Furthermore hip  
hop was originated in New York,  
in the Bronx.

- \* (b) Describe the development of your selected dance style from its origin to the present day. 3

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back

Hip Hop has developed so much  
as back when it was originated  
it was only ~~black~~ ~~African~~  
black African/American males that  
done hip hop. Now <sup>any race</sup> ~~any~~ can do  
hip hop. Also now any ~~gender~~  
gender can do hip hop. Also  
back when it was originated  
hip hop was more gymnastic  
skills\* where as now that's under break

5. Identify one key characteristic of your selected dance style. dancing. 1

One key characteristic was wearing  
trainers and loose ~~clothes~~ clothing

6. (a) Identify one style-specific travelling step from your selected dance style. 2

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back

Travelling step: kick ball change

Describe this travelling step: A kick ball change is a handy travelling step as it's simple. To start you need your legs hip width apart and you kick out one leg. While doing that your arms are shoulder height

- (b) Identify one style-specific step from your selected dance style. This should be different from the step you described in (a). 2

Style-specific step: krumping

Describe this step: To start krumping your legs are hip width apart slightly bend with feet facing the front. While doing that you swing your arms in a figure of 8 in front in front of you. While doing that you do small bounces from the knees.

**SECTION 3 — EVALUATION OF A PROFESSIONAL CHOREOGRAPHY — 10 marks****Attempt ALL questions**

Base your answers on a professional choreography you have studied during the Dance course.

Name the piece of professional choreography you have selected and state the theme/intentions of the piece.

The professional choreography I have selected is Dance Moms, The Waiting Room and is about people waiting for a loved ones response in hospital.

7. Describe how one choreographic device is used to help convey the theme/intentions of the piece.

2

One choreographic device used was unison. This helped convey the theme/intentions of the piece as it showed that everyone was going through it together.

8. (a) Describe the use of space within the choreography.

2

There was a lot of space used through-out the choreography. This shows the tension of ~~the~~ as all the dancers were facing different ways in direction and they always went different pathways.

- (b) Explain in what way the use of space helps to communicate the theme/intentions of the choreography.

2

The use of space helped communicate the theme/intentions as it showed the tension of waiting for a loved ones results.

9. Select one theatre art from the options below.

Tick (✓) one box.

costume

lighting

set design

(a) Describe in what way this theatre art is used within the piece.

2

The set design was just one row of chairs. The set ~~is~~ was useful as the performers kept returning to the chairs. The chairs also showed it was in a waiting room.

(b) Explain the impact this theatre art has on the mood and atmosphere of the piece.

2

The set helped on the mood and atmosphere as it showed the tension of waiting for a loved ones response and the amount of time it took.

[END OF QUESTION PAPER]



## ADDITIONAL SPACE FOR ANSWERS

1a) One technical exercise I worked on in class was Corner work. This helped me maintain flexibility in my legs as it was set up as a square and each side of the square was different types of kicks such as front, side, back, and tilt. ~~etc~~. I done this 3-times a week for 15 minutes.

3a) For Musicality I took part in an improvisation ~~ex~~ with a partner exercise and when my teacher put the music on ~~for~~ me and my partner couldn't talk to each other all we had to do was dance with each other to different styles of music to find our musicality.

## ADDITIONAL SPACE FOR ANSWERS

4b) Hip Hop has developed so much as back when it was originated it was only black African American males dancing in hip hop. Where as now any race can dance hip hop and any gender. Also back when it was originated hip hop was more gymnastics such as spinning on your heads or doing backflips. Now that is known as break dancing.

6a) To start a kick ball change your legs are hip width apart and you kick any leg to the front as well as both your hands ~~to~~ cross in front of you then you land your foot in front and bring your back leg to the opposite side while your arms go out to the side in shoulder height.