

SECTION 1 — EVALUATION OF TECHNICAL AND PERFORMANCE SKILLS —  
10 marks

Attempt ALL questions

Base your answers on a performance you have taken part in during the Dance course.

Identify one technical strength in your own dance performance.

Stamina

1. (a) Describe one technical exercise you worked on in class to maintain this strength. 2

i performed my high energy Jazz 3 times with no breaks to build my stamina. i also went on a run and tried to run for 5 minutes longer everytime i was in class, while ensuring i was in my training zone

- (b) Explain in what way this technical strength enhanced your overall dance performance. 2

Stamina helps me to keep my dance quality the same to the end of my performance without looking like i was tired or struggling to continue. it also allows me to dance challenging choreography without getting out of breath

2. Alignment and posture is an important aspect of dance performance.

Give an example of how alignment and posture could have a negative effect on your own performance.

2

if you do not have proper alignment and posture you could end up injuring yourself as incorrect posture puts strain on muscles. It can affect your ability to move quicker and react to the movements as if you are leaning back and looking down at the floor it is difficult to perform sharp movements or a turn.

[Turn over

## 3. Select one performance skill from the options below.

Tick (✓) one box.

 self-expression dynamics musicality

- (a) Describe a task you took part in to improve the performance skill you have selected. 2

i videoed myself performing and watched it back to see where i could add more facial expressions. i could also put on a random song and improvise to it to try and use my self expression and to react to the music and the way it made me feel.

- (b) Evaluate in what way the task helped to enhance your selected performance skill. 2

Self expression makes my dancing more interesting to watch, it shows that i can change my facial expressions in order to make the audience feel a certain way. it also shows that i am enthusiastic and am enjoying my performance.

## SECTION 2 — KNOWLEDGE AND UNDERSTANDING OF A DANCE STYLE — 10 marks

Attempt ALL questions

Select a dance style that you have studied during the course.

Selected dance style: Ballet

4. (a) State the time and place your selected dance style originated. 2

Ballet originated in the Italian  
renaissance Courts in the  
15<sup>th</sup> Century, it later developed  
in France in the 16<sup>th</sup> Century.

- (b) Describe the development of your selected dance style from its origin to the present day. 3

Louis XIV refined the style and created  
the first ballet school. Pierre Beauchamp  
created the 5 basic positions which are  
still used today. Ballet began to focus  
less on technique and more on self expression  
and emotions. The ballet russes toured  
the world to inspire choreographers  
such as George Balanchine whose neoclassical  
ballets are now performed all over the world.  
Today, new abstract ballets with  
no storyline are becoming more popular.

5. Identify one key characteristic of your selected dance style.

'hair in a bun' shows respect to  
the dance teacher and looks neat.  
it has been worn by ballerinas in class  
and on stage  
for years.

6. (a) Identify one style-specific travelling step from your selected dance style. 2

Travelling step: grand jete

Describe this travelling step: start in 3rd position,

swish the front leg along the floor

and continue until it comes to a 90

degree angle. while doing this use

floor pressure to swish the back leg until

it is at a 90 degree angle and your legs

- (b) Identify one style-specific step from your selected dance style. This should be different from the step you described in (a). 2

Style-specific step: tendu

Describe this step: start with your feet in either

first, third or fifth position. make sure

you are turning out from the hips and

your spine is in a neutral position.

Slide the front foot along the floor

while maintaining floor pressure.

Continue until your foot comes to a point.

Roll back through the foot and slide

your foot back into the position

you started in.

**SECTION 3 — EVALUATION OF A PROFESSIONAL CHOREOGRAPHY — 10 marks****Attempt ALL questions**

Base your answers on a professional choreography you have studied during the Dance course.

Name the piece of professional choreography you have selected and state the theme/intentions of the piece.

'A Linha Curva' is a party piece that celebrates Brazilian culture, the competitive nature of males and a carnival like atmosphere.

7. Describe how one choreographic device is used to help convey the theme/intentions of the piece.

2

Repetition is used in a Linha Curva to show that the dancers are enjoying the party and do not want it to end. It shows that the party is everlasting and they want to keep repeating the movements.

8. (a) Describe the use of space within the choreography.

2

in a linha curva spacing  
in section five is used  
in big ensemble moments when  
everyone is on stage. They all stand  
in straight lines and face different  
directions.

- (b) Explain in what way the use of space helps to communicate the theme/intentions of the choreography.

2

this helps to show the party atmosphere  
and how chaotic a party can be. We  
see this when everyone is facing different  
directions to convey that although  
they are dancing in straight lines  
they are having fun and doing  
things their own way.

9. Select one theatre art from the options below.

Tick (✓) one box.

costume

lighting

set design

(a) Describe in what way this theatre art is used within the piece.

2

lighting is used to display a chequer board effect on the stage. All the lights are brightly coloured and turn off and on depending on where the dancers are travelling to.

(b) Explain the impact this theatre art has on the mood and atmosphere of the piece.

2

lighting gave a party atmosphere as the chequer-board display resembled a dance floor. The bright coloured lights resembled colours that are worn in the Brazilian culture and could be found at a carnival.

[END OF QUESTION PAPER]