

SECTION 1 — EVALUATION OF TECHNICAL AND PERFORMANCE SKILLS —
10 marks

Attempt ALL questions

Base your answers on a performance you have taken part in during the Dance course.

Identify one technical strength in your own dance performance.

Core strength

1. (a) Describe one technical exercise you worked on in class to maintain this strength.

2

At the beginning of each class we do a cardio and conditioning warmup this consists of plank, crunches and sit ups etc. A sit up is where you lie flat on the floor with feet on the floor and legs in a 'V' or triangle position you then raise your body and sit up till you reach your legs. By doing this I am able to maintain my core strength and even improve further by increasing the times repeated or the difficulty level.

- (b) Explain in what way this technical strength enhanced your overall dance performance.

2

This technical strength enhanced my overall performance as it meant I was able to transition from floor to standing and vice versa effortlessly, this equally made my performance aesthetically pleasing and flawless for the ~~audien~~ audience.

2. Alignment and posture is an important aspect of dance performance.

Give an example of how alignment and posture could have a negative effect on your own performance.

2

Alignment and posture could have a negative effect on my performance as it may come across ~~as~~ or convey to the audience that I'm bored or don't want to be there. For example if I were to be hunched over it may seem lazy or uninteresting from the audiences perspective. It can also have a negative effect as it may cause injury. If I were to be performing a pirouette exercise and I was leaning and putting pressure on only one side of my body I can strain my leg muscles or hips.

3. Select one performance skill from the options below.

Tick (✓) one box.

self-expression

dynamics

musicality

(a) Describe a task you took part in to improve the performance skill you have selected. 2

I filmed my jazz solo exam piece and then watched it back taking notes on the things I could improve within my performance and where they would work best I then watched a model performer do a jazz solo and took notes enhancing my own performance. I then practised for a long time before giving someone my notes and improvements whilst I performed to see if I had reached my goal - they then gave me feedback.

(b) Evaluate in what way the task helped to enhance your selected performance skill. 2

This was useful as I had ~~two~~^{two} different perspectives evaluating my performance, myself and a peer. By watching a model performer I was also able to bring a new flare to the choreography that no one else had, this therefore caught the eye of my examiner.

SECTION 2 — KNOWLEDGE AND UNDERSTANDING OF A DANCE STYLE — 10 marks

Attempt ALL questions

Select a dance style that you have studied during the course.

Selected dance style: Jazz

4. (a) State the time and place your selected dance style originated. 2

Roots of dance date back to slaves in Africa in the late 1800's as on the slave ships they would move about in attempt to keep them from seizing up, as they had no music they would use the chains to create a rhythm. Although not officially recorded this is where people suspect jazz originated from

- (b) Describe the development of your selected dance style from its origin to the present day. 3

Jazz originated on the African slave ships in the late 1800's. Yet it wasn't officially recorded till the 1930's in New Orleans America. The style jazz developed as the music did and became the foundations for styles like musical theatre and Hip Hop or Street. Nowadays it is studied world wide and seen by millions through music videos, TV shows and films

5. Identify one key characteristic of your selected dance style. 1

Jazz Shoe - flexible material with a split sole in order to allow you to turn as well as point right through the foot

6. (a) Identify one style-specific travelling step from your selected dance style. 2

Travelling step: Kicks

Describe this travelling step: Start with one foot pointed in front and ~~your~~ your arms straight out to the side at 180°. Making sure your shoulders are back and back is straight, step onto the leg that's pointed and swoosh your other leg into the air making sure it's straight and with a pointed toe, when bringing this down step on it and repeat on the other leg continuing till your destination

- (b) Identify one style-specific step from your selected dance style. This should be different from the step you described in (a). 2

Style-specific step: Pas de bourrée

Describe this step: Start in parallel with your feet shoulder width apart and arms clasped behind you. Take your right leg and step it behind your ~~right~~ left, you then take your left leg to the left hand side away from the right before stepping your right leg forward - repeat this on the left

SECTION 3 — EVALUATION OF A PROFESSIONAL CHOREOGRAPHY — 10 marks**Attempt ALL questions**

Base your answers on a professional choreography you have studied during the Dance course.

Name the piece of professional choreography you have selected and state the theme/intentions of the piece.

'Waiting Room' by Abby Lee Miller illustrating what emotional and physical aspects occur in a waiting room

7. Describe how one choreographic device is used to help convey the theme/intentions of the piece.

2

Juxtaposition is used through out the piece, this is when dancers perform at the same time but with different motifs. This is used in the choreography to paint a real life waiting room and all the different walks of life and backgrounds that can be found.

8. (a) Describe the use of space within the choreography.

2

At one point in the choreography all dancers are seen to be sitting side by side on the waiting room chairs emphasising the close proximity. The choreographer ~~is~~ also uses ~~the~~ levels effectively during the number to convey different emotions

- (b) Explain in what way the use of space helps to communicate the theme/intentions of the choreography.

2

The use of levels is used to represent the different emotions - for example some dancers laying on the floor representing they are weak and struggling to cope with the news whilst some dancers such as the doctors are seen to be raised on the chairs showing their fighting for someones life

9. Select one theatre art from the options below.

Tick (✓) one box.

costume

lighting

set design

(a) Describe in what way this theatre art is used within the piece. 2

~~Stereotypical waiting room~~ A simple line of stereotypical typical waiting room chairs are used in the choreography. This paints a clear picture for the audience before the music even starts. The set can be used not only to show the physical aspects but the emotional chaos

(b) Explain the impact this theatre art has on the mood and atmosphere of the piece. 2

This has an impact on the mood and atmosphere as it evokes an emotional response from the audience as everyone has sat in a waiting room at some point. As the seats are set side by side the audience is able to ^{empathise} ~~empathise~~ with the awkward environment and ~~breach~~ breach of personal space

[END OF QUESTION PAPER]