

SECTION 1 — EVALUATION OF TECHNICAL AND PERFORMANCE SKILLS —
10 marks

Attempt ALL questions

Base your answers on a performance you have taken part in during the Dance course.

Identify one technical strength in your own dance performance.

One of my technical strengths is flexibility

1. (a) Describe one technical exercise you worked on in class to maintain this strength. 2

One technical exercise I work on is my splits which allows me to stretch out my legs and hips to ^{maintain} improve my flexibility which is the stretch in my joints.

- (b) Explain in what way this technical strength enhanced your overall dance performance. 2

Flexibility allowed my final performance to be fully executed. This ~~was~~ allowed me to fully extend my legs in my leaps and kicks. This overall improved the look of my performance as the moves were tidy & executed well to their full ability. eg legs fully extended in leap.

2. Alignment and posture is an important aspect of dance performance.

Give an example of how alignment and posture could have a negative effect on your own performance.

2

Alignment is the placement of the body in relation to other body parts, if ~~you~~ had poor alignment it may affect ~~your~~ ^{my} ability to control moves such as a pirouette overall making ~~your~~ performance look messy.

Posture is how ~~your~~ ^{my} body is held, if ~~you~~ ^{you} have poor posture ~~you~~ may not be able to extend ^{your} legs fully in kicks overall making ~~your~~ ^{my} performance not fully executed as it could be.

3. Select one performance skill from the options below.

Tick (✓) one box.

self-expression

dynamics

musicality

(a) Describe a task you took part in to improve the performance skill you have selected.

2

a task i took part in was
at recording myself dance
and then watching it back
to improve my musicality
which is dancing to the
music & feeling it along with
the beats

(b) Evaluate in what way the task helped to enhance your selected performance skill.

2

the task allowed me to
watch what i was doing &
pick out parts that i could
improve my musicality. This
helped as i could improve
my musicality in certain
parts of the routine overall
improving my performance.

SECTION 2 — KNOWLEDGE AND UNDERSTANDING OF A DANCE STYLE — 10 marks

Attempt ALL questions

Select a dance style that you have studied during the course.

Selected dance style: Contemporary

4. (a) State the time and place your selected dance style originated. . . 2

originated from 1950's and up to and including 1980's in Europe and America.

(b) Describe the development of your selected dance style from its origin to the present day. 3

Contemporary had ballet routes and was more strict like ballet. Then developed into less strict flowy and contracting movements. Contemporary is now emotional and tells a story through dance & movements.

5. Identify one key characteristic of your selected dance style. 1

it's dynamics are flowy and contracting movements

6. (a) Identify one style-specific travelling step from your selected dance style. 2

Travelling step: triplet step

Describe this travelling step: Start on right
foot rising onto relevé. relevé
and change onto left foot
then back to right foot (still on relevé)
then repeat but not on
relevé, arms may come up
and forward then down & forward

- (b) Identify one style-specific step from your selected dance style. This should be different from the step you described in (a). 2

Style-specific step: high release

Describe this step: below body stays
still and spine arches
backward and rib cage
engages/expands. head
rolls back to be in line
with spine and arms
raise up to V shape near
head.

SECTION 3 — EVALUATION OF A PROFESSIONAL CHOREOGRAPHY — 10 marks**Attempt ALL questions**

Base your answers on a professional choreography you have studied during the Dance course.

Name the piece of professional choreography you have selected and state the theme/intentions of the piece.

Ghost dances and passing
through to the afterlife.

7. Describe how one choreographic device is used to help convey the theme/intentions of the piece.

2

repetition is used in a
movement which the ghosts
move head right, left, right,
left as their feet cross over.
This ~~st~~ helps convey the theme
as their heads look disjointed
which evokes the death they
represents.

↳ reminds [Turn over
you of

8. (a) Describe the use of space within the choreography.

2

The closeness of the ghosts

The ghost place arm straight out to their sides resting on each others shoulders & plie on right leg then shifting to the left.

(b) Explain in what way the use of space helps to communicate the theme/intentions of the choreography.

2

This shows the ghost work together and are stronger with one another and this shows that they work as one team helping the people pass through into the after-life. related to the passing of afterlife & communicated how

One use of space is the closeness of the ghosts as they usually dance quite close together.

the passing works.

9. Select one theatre art from the options below.

Tick (✓) one box.

costume

lighting

set design

(a) Describe in what way this theatre art is used within the piece.

2

blue lighting (gel) is used down stage over the ghosts. lighting is then used again highlighting the people with a yellow gel as they enter.

(b) Explain the impact this theatre art has on the mood and atmosphere of the piece.

2

The blue gel enhances the atmosphere of coldness and death that the ghosts represent. The yellow gel creates an image of the people coming from life to death which enhances the mood of the change within the dance and changes the atmosphere of emptiness to a bit more life.

[END OF QUESTION PAPER]