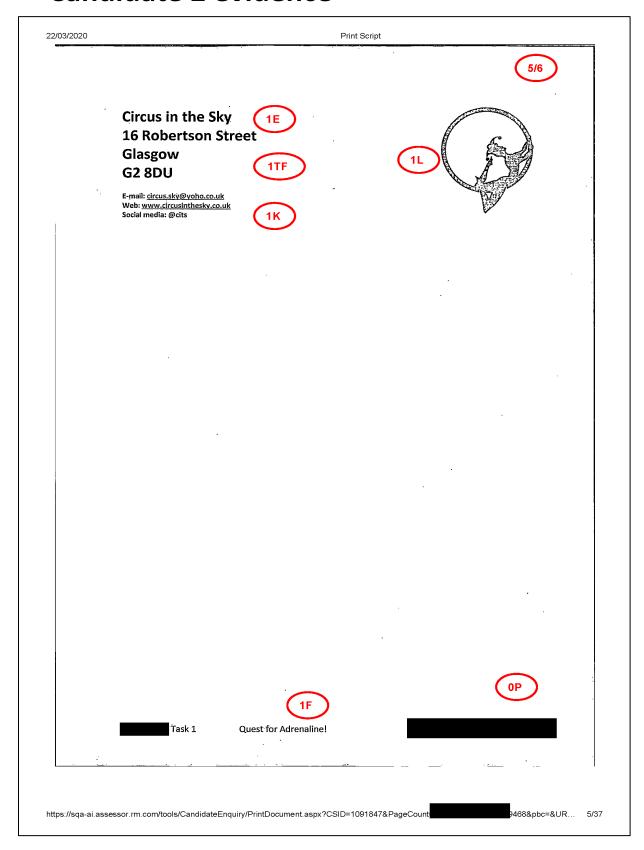
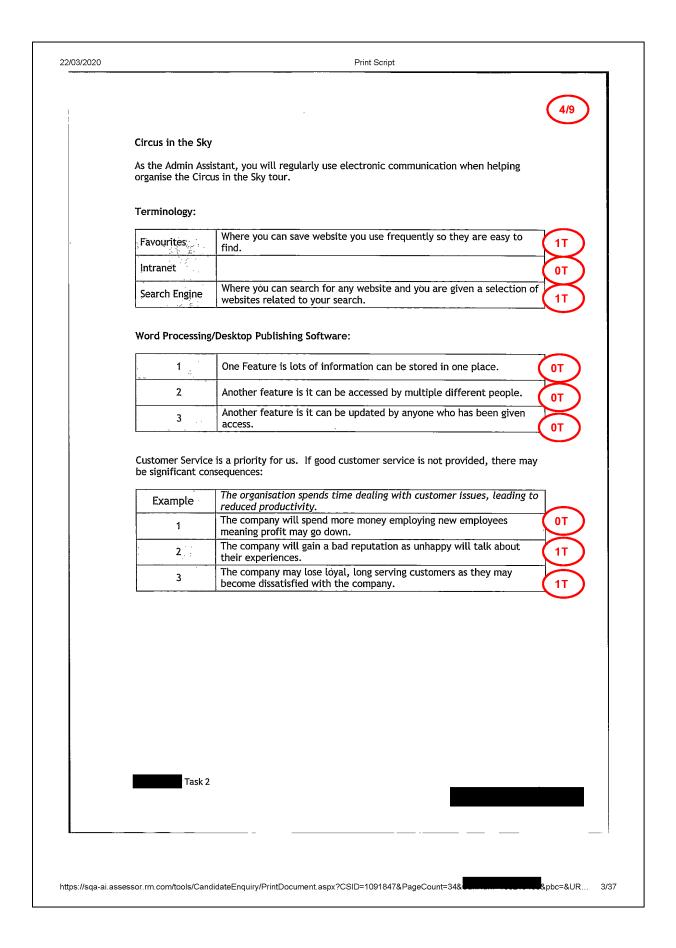
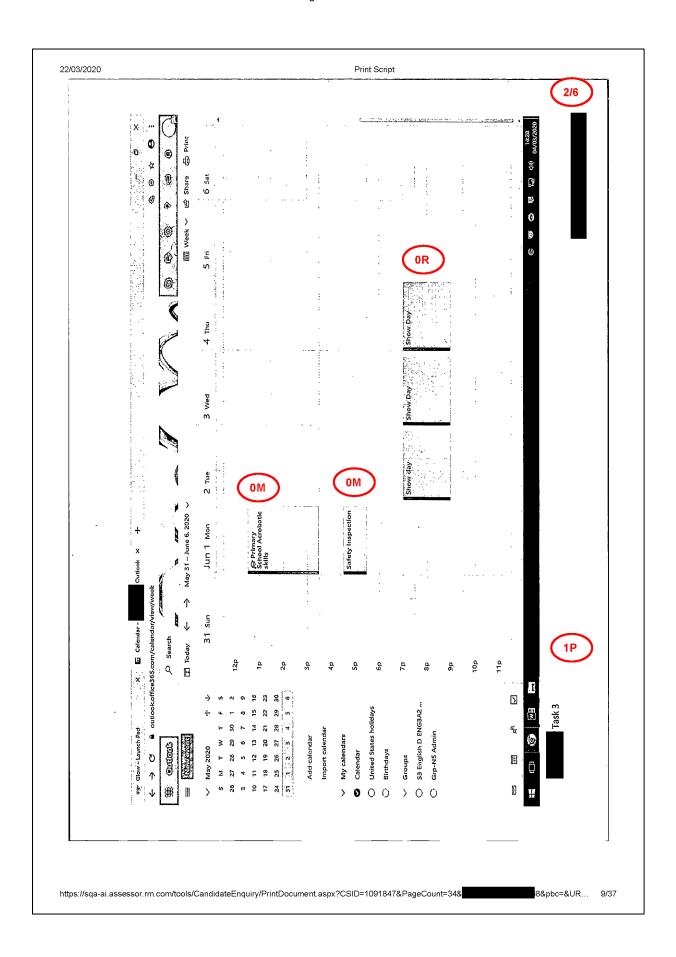
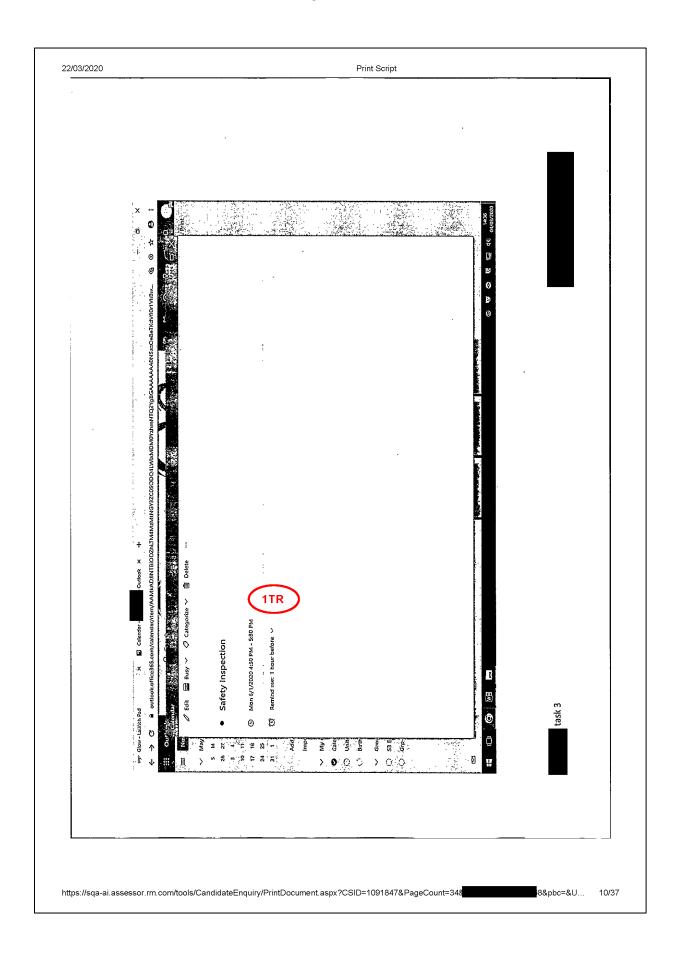
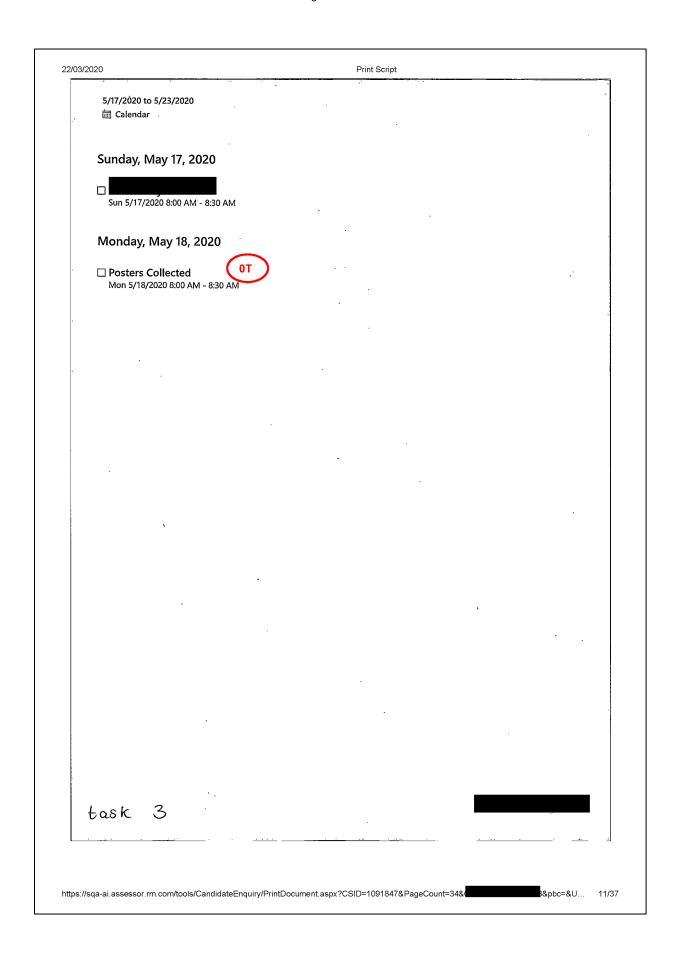
Candidate 2 evidence











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Acrobatic Skills Workshop

Workshop	Details
Stations	
Juggling	Learn the art of juggling by starting with scarves and moving on to beanbags. This activity is excellent for hand-eye co-ordination. Participants will develop basic throwing and catching skills.
Happy Hula	Learn the art of hula hooping. Participants will cover waist hooping, lifts, vortexes, body rolls, throws, jumps and more. This provides a solid foundation for participants to develop their own style.
Tightwire	Learn the art of balance by walking along a suspended broad beam. Participants start with ground balancing activities, then move on to broad beam assisted walking, working towards unassisted walking.
Ezee Trapeze	Learn the art of trapeze, including rope and aerial skills. Kids will enjoy an adrenaline-filled activity with self-confidence rewards.
AcroBalance	Learn the art of balancing on and with other to create different shapes. Participants will improve core strength and flexibility as well as learning teamwork and trust.
Stilt Walking	Learn the art of walking on mini-stilts. Participants will move comfortably in each direction on their "legs". This activity is a great tool to build body awareness and balance.

What to Wear

Wear comfy, layered, snug clothing. Wear socks and have legs covered. Don't wear skirts or shorts, unless these are over leggings. All jewellery will need to be removed.

Benefits								
EDUCATION	SOCIAL	PHYSICAL						
Improves:	Improves:	Improves:						
Mathematic Skills Physics	Confidence Colf Faterer	Co-ordination						
PhysicsPerformance	Self Esteem Teamwork	Flexibility Reflexes						
Concentration	Communication	Rhythm and Timing						
Creativity	Patience	Balance						
Problem Solving	Persistence	Body Orientation						

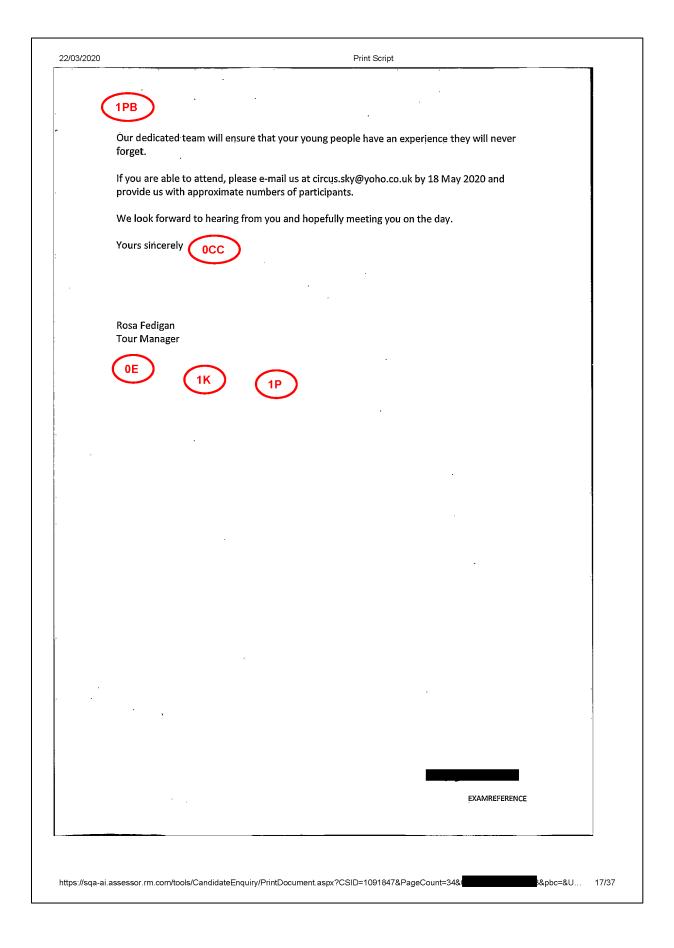
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22/03/2020 Print Script Circus in the Sky **16 Robertson Street** Glasgow **G2 8DU** E-mail: circus.sky@yoho.co.uk Web: www.circusinthesky.co.uk Social media: @cits RF/EF 1R Wednesday 4th March 2020 **Head Teacher** Marystone Primary School Benadrove Road Marybank HS2 OCH Dear Head Teacher FREE ACROBATIC SKILLS WORKSHOP 18 We are touring Scotland this year with our 2020 Circus in the Sky show. We will be in Stornoway delivering one show-stopping, acrobatic performance per night in our big tent between 2-4 June 2020 at Lews Castle. We realise the important and challenging job a Primary Teacher has in order to cultivate the potential of each young person in their care, particularly in such financially demanding times. This is why we would like to use our skills, while in Stornoway, to help. Circus in the Sky will be holding a free Acrobatic Skills Workshop for young people between 5-10 years of age on Monday 1 June 2020 from 12.30 pm to 3.30 pm. Young people will meet our team of performers and listen to a highly motivational and inspiring talk from our Ring Master. They will then rotate around 6 workshop stations, where they will learn different acrobatic skills. Please find enclosed a flyer providing details of the activities at each workshop station. It also outlines the educational, social and physical benefits for participants and details of appropriate clothing they should wear to ensure both comfort and safety. We hope Marystone Primary School will be able to take advantage of this opportunity and join us for this unique and exciting event. We have a range of videos on our website that showcase our previous tours and free acrobatic skills workshops. Feel free to watch these to give you an idea of the skills our acrobatic team have and how effective our workshop is. lTask 5 https://sqa-ai.assessor.rm.com/tools/CandidateEnquiry/PrintDocument.aspx?CSID=1091847&PageCount=34&



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Circus in the Sky 16 Robertson Street Glasgow G2 8DU

E-mail: <u>circus.sky@yoho.co.uk</u> Web: <u>www.circusinthesky.co.uk</u> Social media: @cits

RF/EF

Wednesday 4th March 2020

«Job_Title» «School_Name» «Address_1» «Address_2» «Postcode»



Dear Head Teacher

FREE ACROBATIC SKILLS WORKSHOP

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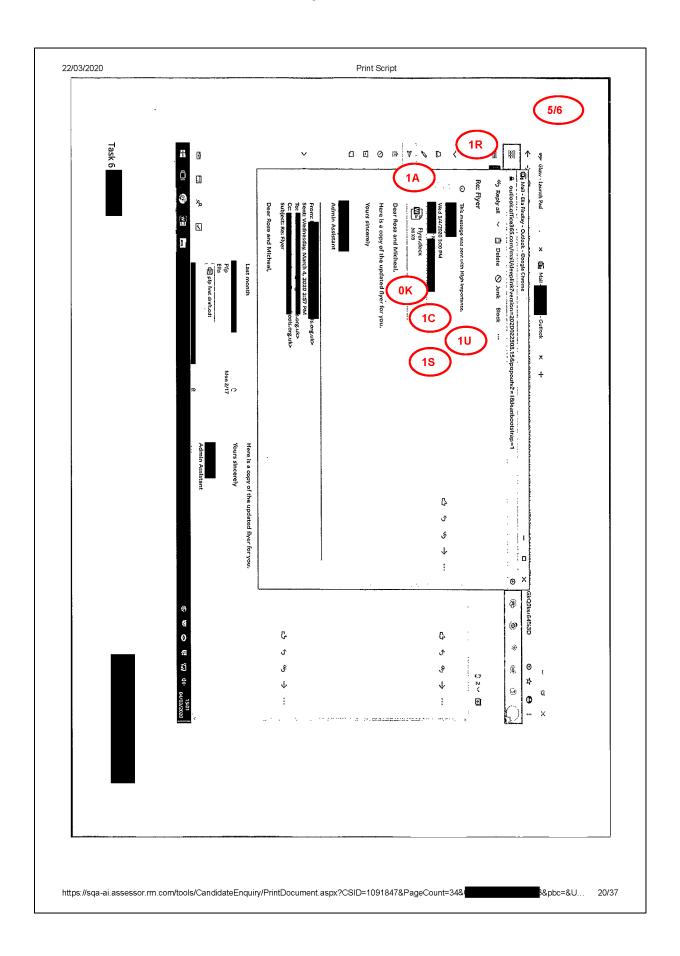
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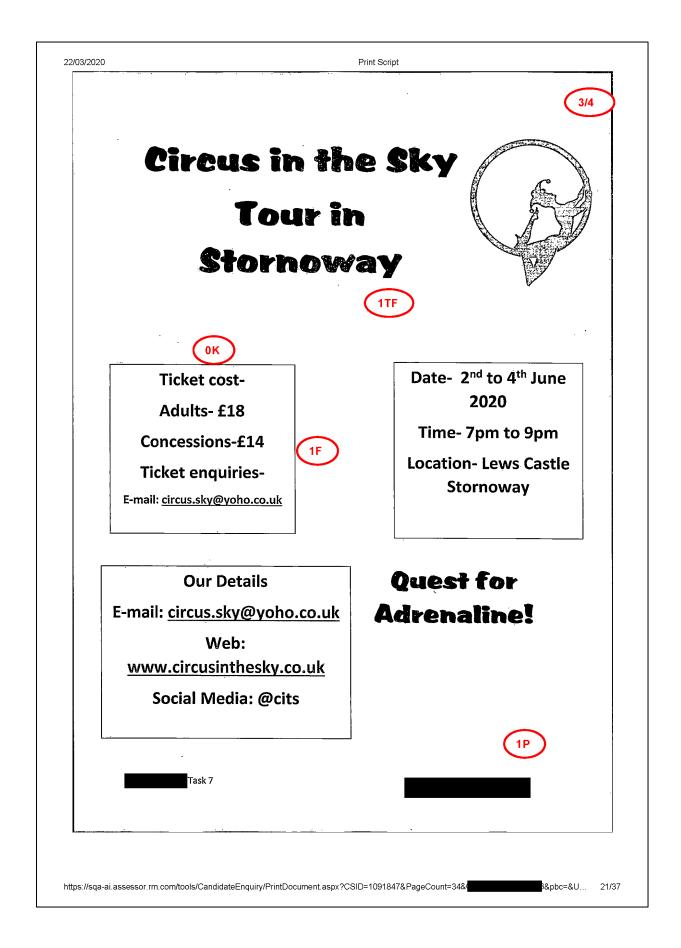


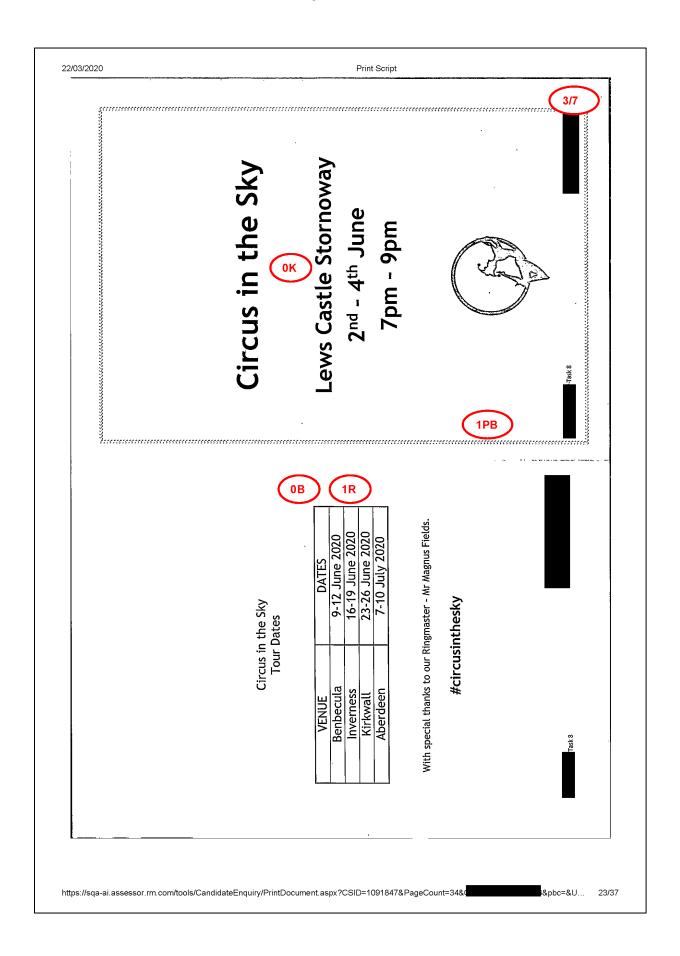
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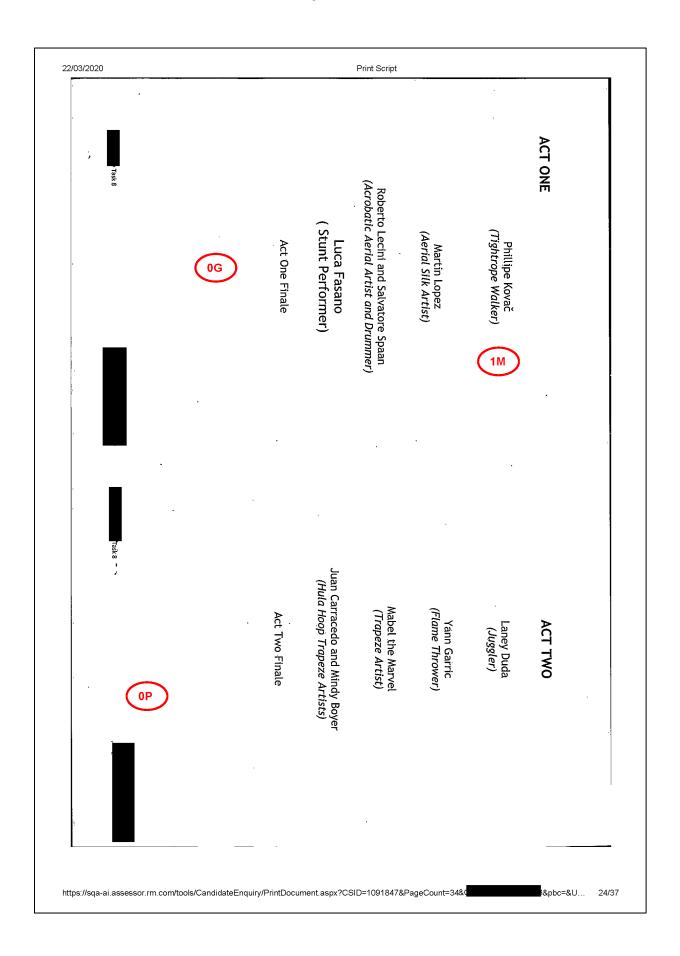
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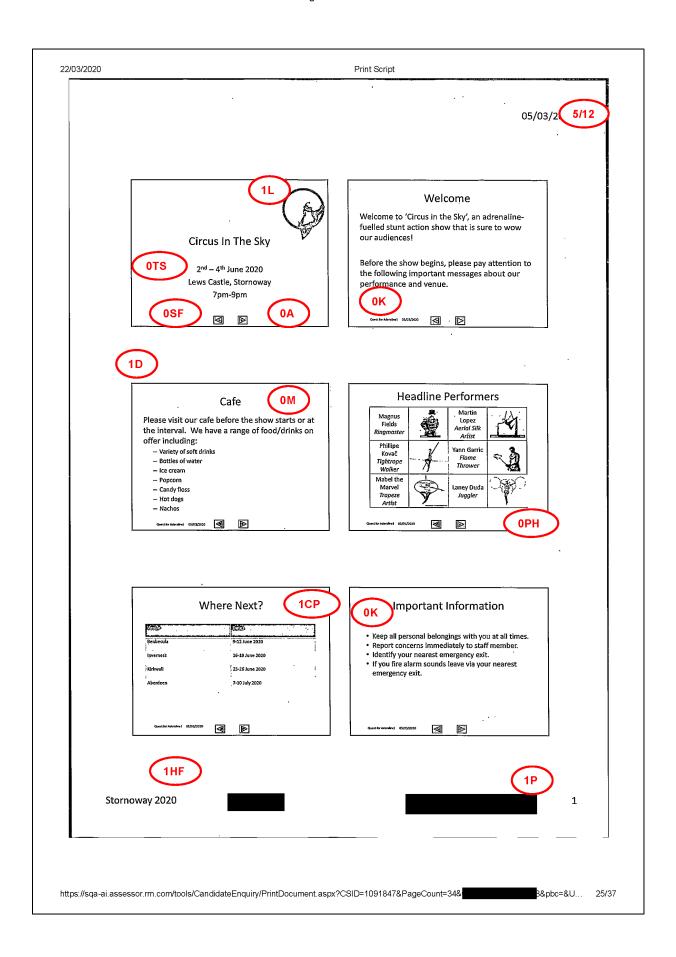
	Our dedicated team will ensure that your young people have an experience they will never forget. If you are able to attend, please e-mail us at circus.sky@yoho.co.uk by 18 May 2020 and provide us with approximate numbers of participants.							
	We look forward to hearing from you and hopefully meeting you on the day.							
,	Yours sincerely	•						
	Rosa Fedigan Tour Manager							
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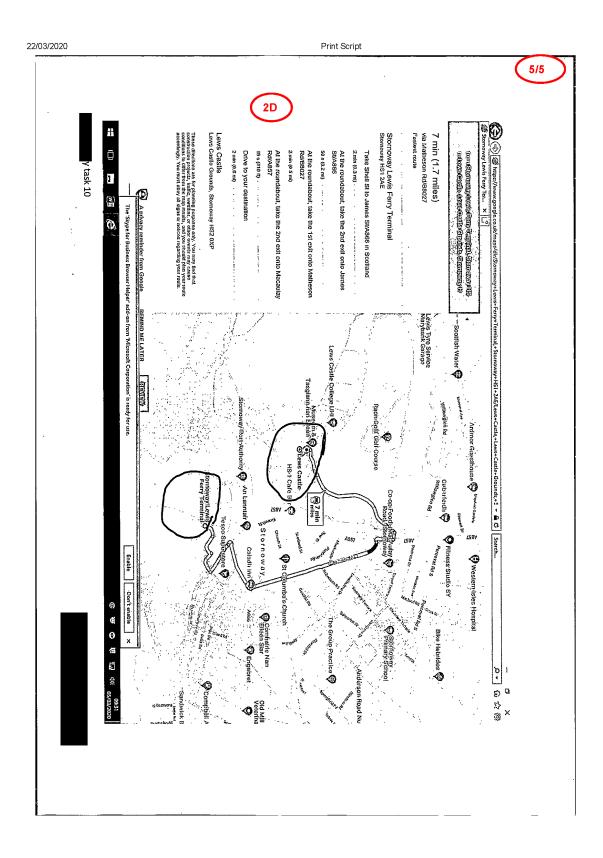












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