

**Candidate 4 evidence**

3a	Social Anxiety disorder is when a person has a fear of <del>going</del> <del>feels</del> socialising in public and being judged. A person with this phobia will experience extreme anxiety, sweaty hands, and rapid heart rate.	
3b	One strength of systematic desensitisation is that it treats the root cause of the phobia unlike medication therefore it is better for truly curing a person. One weakness of systematic desensitisation is that it does not work for every	



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	<p>on their noses and found that their pups had these same <sup>nerve</sup> <del>neurons</del> which were not present in any other rats.</p>	
3c(ii)	<p>One weakness of this study is that it used rats meaning it can't be generalised to humans.</p>	
3d	<p>Marta has become to fear snow through classical conditioning which learning through association. Marta has associated being buried with snow. Over the years this has been reinforced through operant conditioning which is reinforcement of a phobia. Since Marta has been unable to go outside due to the snow the idea that something bad might happen to her has been reinforced in her mind. This is similar to the Little</p>	

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Hans study as the baby became fearful of animals after they were conditioned. Also, Stemberger found that 44% of people with a phobia could relate it to a bad experience just like Marta.