

## Candidate 1 evidence

| ENTER<br>NUMBER<br>OF<br>QUESTION | DO NOT<br>WRITE IN<br>THIS<br>MARGIN   |
|-----------------------------------|--|
| 1a)                               |  |
| i)                                | -To investigate the link between REM sleep and dreams.   |
|                                   | -To investigate the link between sleep cycles and dreams.  |
|                                   | -To investigate the link between eye movement and content of dreams.   |
|                                   |  |
| ii)                               | the study only used adult participants, meaning that it is unknown whether or not the results can be generalised and applied to children |
|                                   |  |
| b)                                | -without enough sleep, you can start to suffer from memory problems.   |
|                                   | -without sleep, your body can be unable to repair any minor injuries   |
|                                   | that sustained throughout the day  |
|                                   | -sleep deprivation can lead to mental  |

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health issues

- you need to get a good amount of sleep every night so your body can properly restore itself

- you need to sleep so that your body can function properly through the day

- without getting enough REM and NREM sleep, you're not getting enough sleep because you should be going through the sleep cycles all night and going in and out of REM sleep

c) manifest content is the signs and objects that physically appear in dreams - e.g. Hans having his penis removed by a plumber and being given a bigger one, Hans dreaming of the giraffes being trampled, Hans dreaming

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|-----------------------------------|---|--|
|                                   | he was married to his mother.           |  |
|                                   |   |  |
|                                   | The latent content of dreams is         |  |
|                                   | the secret meaning behind these         |  |
|                                   | signs, the things they represent - e.g. |  |
|                                   | Hans wanting his father to die so       |  |
|                                   | that he can marry and be with           |  |
|                                   | his mother, taking his father's place   |  |
|                                   |   |  |