

Candidate 4 Commentary

The evidence for this candidate has achieved the following marks for each section of this course assessment component. **Total mark: 30**

Section 1 (out of 8 marks)

The candidate was awarded **5 marks**.

“Desire can impact your performance.....help your team defend” **1 mark**

“For example when you are attacking.....choose the first option.” **1 mark**

“Anger can have a negative impact.....red card.” **1 mark**

“Low confidence also.....in you being dispossessed.” **1 mark**

“An example of this.....allowing you to receive the pass.” **1 mark**

Section 2a (out of 3 marks)

The candidate was awarded **no marks**.

Section 2b (out of 2 marks)

The candidate was awarded **2 marks**.

“A scatter graph” **1 mark**

“Sport Emotion Questionnaire” **1 mark**

Section 2c (out of 4 marks)

The candidate was awarded **4 marks**.

“you would do this by.....volleyball court on it.” **1 mark**

“You would also need aand a marker.” **1 mark**

“To fill out the scattergraph...and spike it” **1 mark**

“The marker would then.....paper with a x.” **1 mark**

Section 2d (out of 3 marks)

The candidate was awarded **1 mark**.

“I selected this method.....after or during the training program.” **1 mark**

Section 2e (out of 4 marks)

The candidate was awarded **1 mark**.

“my development needs are to....good areas of the court.” **1 mark**

Section 2f (out of 2 marks)

The candidate was awarded **2 marks**.

“Increase the accuracy in my spike” **1 mark**

“Control how annoyed and irritated I get while playing a game.” **1 mark**

Section 2g (out of 3 marks)

The candidate was awarded **2 marks**.

"If you meet your targets.....keep improving" **1 mark**

"It is also important your training program." **1 mark**

Section 2h (out of 4 marks)

The candidate was awarded **3 marks**.

"You do this by puttingset you up for a spike" **1 mark**

"spike it aiming for the back of the court." **1 mark**

"I do this by taking 5.....irritated during the game." **1 mark**

Section 2i (out of 4 marks)

The candidate was awarded **3 marks**.

"I practiced with Aaron.....2 people to perform the drills." **1 mark**

"We did each practice.....stale and lose interest." **1 mark**

"We finished our sessions.....during this session." **1 mark**

Section 3a (out of 2 marks)

The candidate was awarded **1 mark**.

"The feedback I received.....was effective at doing so." **1 mark**

Section 3b (out of 3 marks)

The candidate was awarded **1 mark**.

"It is necessary to monitor.....making it progressively harder."

Section 3c(i) (out of 2 marks) & **Section 3c(ii)** (out of 2 marks)

The candidate was awarded **2 marks**.

"I done this method once.....to compare how I had improved." **1 mark**

"I done the training diary by.....didn't work well." **1 mark**

Section 3d (out of 6 marks)

The candidate was awarded **3 marks**.

"the repetition drill.....specific part of the court." **1 mark**

"My target practice drills.....I knew where the space was." **1 mark**

"I found that it would have helped...my practices and actively improving." **1 mark**

Section 3e (out of 4 marks)

The candidate was awarded **no marks**.

Section 3f (out of 4 marks)

The candidate was awarded **no marks**.