

# Candidate 1 evidence

## My Childhood

I have chosen to write about growing up and what it's like. I will talk about what it's like to grow up and what it's like, the things I experienced and how you learn from your mistakes. I will also talk about what growing up taught me as a person and how I became the person I am today. The reason I have chosen to do growing up as my topic is because growing up shapes us as people and most likely reflects on the person you are today, the way you think and the way you carry yourself.

Growing up is a difficult time, you make a lot of mistakes which you learn from but at the time it's horrific and you panic, sometimes you don't know how to fix them, but just know everything works out in the end. While growing up you have a lot to deal with and you don't get listened to that much as you're only weak and seen as immature. Growing up people come and go, you make and lose friends but that's all part of growing up. Once you start to mature you see that the stuff that used to bother you before doesn't really matter once you get older because it's childish arguments/problems so once you're older they become un-relevant.

My personal experience of growing up was good but sometimes bad. Some of the bad ones revolve around my parents splitting up which ending up with me having to stay with my gran for nearly a year, they also revolve around falling out with friends and relationships. However the good ones revolve around time I spent with people I love, days out with the friends I'm friends with today. As we grow up your told everything is going to be amazing and your going to have a perfect life but the reality of that is that your gonna make mistakes, your gonna get hurt and upset but there is some good but there is also a lot of bad in the world that will have an impact on your life, however you will get through it and it will make you stronger as a person and you will learn

to deal with it as it's all part of growing up. Your emotions are also a big part of growing up because you still maturing and it's hard and you don't understand everything that is going on around you and you start feeling all the feels and personally I've learned that my emotions during events in my life was probably one of the hardest things about growing up because you don't know how to deal with certain things, you don't understand and your not matured enough to get your head around some situations.

Learning from your mistakes is one of the best life skills you will learn while growing up. It will be a real eye opener for you and if you have ever made a mistake you will be able to know when not and when to do something again. Don't get me wrong I've made some mistakes when growing up but I've learnt not to do them again because the guilt you get once you make a mistake is sickening and you feel like it's never gonna get better but it does and you better yourself from them and be able to see them coming. Once you have matured you are like a complete new person, you will most likely look back and laugh at the mistake you made in the past and most likely others will laugh as well.

The last thing I'm writing about is what growing up has taught me, while growing up things were tough but I've learned that things that seem scary and also seem impossible aren't as scary as you thought they would be and everything works out in the end. The things that bothered you before no longer matter in some cases but sometimes things always will be tough but you learn to live with them and not let it get to you because it's life at the end of the day. After everything I've been through while growing up this is how I became the person I am today because no matter how hard things got I didn't let it get to me because we all learn from our mistakes and from other people's mistakes.

In conclusion you can see that growing up is a bumpy roller coaster but once it's over then you will be fine and learn when to not and when to do something again as we all make mistakes but at the end of the day

so does everyone as no one is perfect, your emotions will play up and it will be difficult at times but from a teenagers prospective the things that bothered you before will be old news and childish however it's all about the experiences you occur all while growing up.

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