

## Candidate 1 evidence

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### Part A - Buddhism

1. The three marks of existence are

dukkha, Anicca and anatta.

· dukkha means suffering and unsatisfactoriness

· dukkha can refer to physical pain such as illness but also mental, like grief.

· Anicca means impermanence.

· Anicca is the idea that everything in the universe is ~~is~~ <sup>in a</sup> constant state of change. this can ~~be~~ mean objects, mental states or even life itself.

· anatta means no soul or self

· ~~The~~ anatta is the idea that buddhists have no soul, and instead it is the kamma they earn that passes from life to life


2a) buddhists believe that nubbana is enlightenment

· buddhists believe that nubbana is not like heaven, but a state of calm and nothingness where everything is peaceful

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	<ul style="list-style-type: none"><li>• when buddhists reach nibbana, they believe that they will suffer no longer.</li><li>• to reach nibbana, buddhists have to generate good kamma, they can do this by practicing skillful actions like meditating</li><li>• buddhists believe that the buddha reached nibbana by meditating under the bodhitree for 49 days.</li><li>• <del>the</del> to find nibbana, buddhists believe they have to find the true path, which is between deprivation and patience</li><li>• buddhists believe that nibbana is their end goal, and should work to it throughout their lifetimes.</li></ul>
2b)	<ul style="list-style-type: none"><li>• to reach nibbana, buddhists have to earn good kamma, this means buddhists will try to be kinder to others and make them a better person.</li><li>• <del>the</del> the belief that they have to be kind to earn good kamma relates</li></ul>



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3a)	
One of the five precepts is no hate speech.	
This means buddhists will not talk badly or negatively about something or a person in a way that could harm them.	
• It also means buddhists can earn good kamma from only saying good things which will help them get closer to their goal of nibbana.	
• Another of the five precepts is no drugs or alcohol.	
This means that buddhists will not ever touch any alcohol or take bad substances.	
• This means they will not experience tanna (cravings) as alcohol may cause that. which means they can accept the 4 noble truths to reach nibbana.	

ENTER NUMBER OF QUESTION		DO NOT WRITE IN THIS MARGIN
3b)	<p></p> <p>I agree that the five precepts are not relevant in the modern world to a certain extent</p> <p>one reason i agree with this statement is that one of the precepts no hate speech has been broken many times in today's world, especially now we have social media, hate is spread constantly, everyday.</p> <p>another reason i agree with the statement is that <del>it</del> it has become normal to drink alcohol, especially at parties or sports games, most would say its weird that you dont drink alcohol if you are at age limit</p> <p>another reason i agree is crime rates in today's generation are still high and there are still many murders, especially in countries that are at war right now, such as ukraine.</p> <p>a final reason i agree is that it is very easy to lie. telling the truth all the time may get you</p>	



