

Candidate evidence

ENTER QUESTION NUMBER BELOW	Do not type in this shaded box	DO NOT WRITE IN THIS MARGIN
16	<p>Sikhs can worship in a variety of different ways one way they can worship is saying the name of god they do this by repeating and repeating god's name.</p> <p>another way in which Sikhs can worship is in physical service this can be accomplished by volunteering to work at the temple.</p> <p>A third way in which Sikhs can worship god is in material service. an example of this could be donating time or money to the temple or charities and lastly another way that Sikhs may worship is meditation in this way they can relax and focus their mind on god</p>	
17a	<p>Sikhs believe that Khalsa Sikhs are in equal standing to the Gurus and Khalsa Sikhs are also baptised in a public ceremony to promote equality Sikhs believe that Khalsa Sikhs are forbidden to cut their hair.</p>	
17b	<p>Khalsa Sikhs get a special uniform but may get bullied by people for looking different but they also have a community of Khalsa Sikhs which does create a sense of pride and belonging. Khalsa Sikhs also get to carry around a special sword. Khalsa Sikh are unable to cut their hair but are give a special comb that they can use on it. Khalsa Sikhs are also forbidden from every lying which might be difficult as it can often be easier to lie than tell the truth for example phoning in sick to work. Finally Khalsa Sikhs may find themselves being treated equally to the Guru.</p>	

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18a	<p>Sikhs believe that the five evils are lust, greed, false pride, wrath and strong attachment.</p> <p>Sikhs believe that the best way to avoid wrath is to meditate and they believe that an example of wrath would be using physical violence against another person.</p> <p>Sikhs also believe that the best way to avoid false pride is for every to sit on the floor when they are at the holy temple they also believe that an example of false pride would be thinking you are better than someone because of your education.</p> <p>Sikhs also believe that the best way to avoid greed is to give money away to the temple or charitis they also believe that an example of greed wuld be hording vast amounts of money.</p>	
18b	<p>I believe it is easy for Sikhs to avoid the five evils on the one hand it is easy for Sikhs to avoid the five evils for example strong attachment which is when you have a relationship that you value more that your relationship with god an example of this would be having a relationship to a girlfriend or a boyfriend that you value more than god, Sikhs can avoid this however by raing from the holy book and meditation and praying to god one the other hand however it is hard for Sikhs to avoid strong attachment as in the twenty first century their living busy lives which might not let them make time for god.</p> <p>On the one hand it is hard to avoid evils like lust as with modern technology it is easy to access things like pornography. An example of lust could be an addiction to pornography. One the other hand it is easy to avoid lust as Sikhs can surround themselves with other Sikhs going through the same issue and give each other support and advice.</p>	

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	<p>Again, on the one hand it is easy for Sikhs to avoid the five evils an example would be wrath an example of this would be an extreme anger than makes you want to commit violence against another person Sikhs will avoid this by meditating whenever they are over come with feelings of range or anger. On the other hand, it is hard for Sikhs to avoid wrath as in the modern world they may not have time to meditate as well as modern life being stressful for some.</p> <p>Again, one the one hand it is easy for Sikhs to avoid false pride as Sikhs are rasied from a young ag to be humble also Sikhs will sit on the floor when eating and the temple to promote equality. False pride is when you think you are better than someone else whiter it be from education or your financials. On the other hand, it is hard for Sikhs to avoid false pride as even all of these measures can't stop someone from having a sense of superiority.</p> <p>After all of this I would say it is easy for Sikhs to avoid the five evils as they have the temple to use as a safe space and they also have the support of other Sikhs.</p>	