

Candidate 1 evidence

ENTER NUMBER OF QUESTION	DO NOT WRITE IN THIS MARGIN
1a)	<p>Puja in Buddhism means to worship and Buddhists do this for many reasons. is Any form of worship of the Buddha is Puja. By performing Puja Buddhists gain good kamma allowing them to achieve Nibbana quicker. Methods of puja include meditation. There are two types, Samatha (calming the mind) and Vipassana (getting insight on the religion), making offerings, chanting mantras (chants that are repeated) or hanging prayer flags.</p>
1b)	<p>Puja is a vital part of Buddhist practice and allows Buddhists to become more in touch with their religion. The most common way that a Buddhist would One of the most common ways a Buddhist can do this is by meditating, specifically Vipassana meditation. This type of meditation is more difficult and must be taught by</p>

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	<p>a teacher. As it is more difficult this means that Buddhists see it as an advanced form of Pujā (worship) and are prepared to dedicate more time and effort into learning it to worship the Buddha.</p>
	<p>Another reason why Buddhists perform Pujā is because the Buddha is incredibly special to them. As the Buddha, being both the founder of the religion and a role model to all Buddhists, is such an important figure in Buddhists everyday life they give their time to praise him and his teachings. For example many Buddhists may perform Mantras, chants that often speak highly of the Buddha and include his teachings. Not only do Buddhists</p>

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	<p>perform puja simply to worship, but by doing so they avoid bad kamma, which will hopefully lead them to a better rebirth.</p>
2	<p>The three marks of existence are the key features of Buddhist teachings, they are the principle of how Buddhists view the world. The first is 'Anicca' which means that nothing is permanent and that everything in the universe is ever changing. The second is 'Anatta' and is similar to Anicca but is applied to the self and says that humans are constantly changing and there isn't a soul. The final is Dukkha which means suffering. Dukkha is caused by craving (Tanha) for permanence, for Anicca and Anatta to not exist. By craving we are</p>

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3a)	<p>always suffering until we accept Anicca and Anatta and achieve enlightenment.</p> <p>3a) Nibbana is the Buddhist word meaning enlightenment. This is not a state one reaches after they break the Samsara (the cycle of life death and rebirth). To reach Nibbana one must accumulate a large amount of Good Kamma and the Buddha taught that to do this you must follow the Noble Eightfold Path, an eight step guide on how to live to avoid bad Kamma. Nibbana cannot be described fully using words and can only be truly experienced. It can only be said to be a state of pure bliss. There are two types of Nibbana, 'with remainder' meaning you achieve it and are still living and 'without remainder'</p>

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	which means it is achieved upon death.
18	
19	<p>One purpose of punishment is retribution which means the punishing to take revenge. In this form of punishing is often viewed as a more harsh and cruel way to punish as it involves no chances to allow offenders to better themselves and simply gets rid of them. It is controversial as many believe that by purely punishing for revenge we will get nowhere and too many people who are willing to change their behaviour are away for good. For example the death penalty is an example of another purpose a retributive punishment.</p>
	Another purpose of punishment is deterrence which means punishing

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	<p>them through a thin tunnel of pollen, coating the bee and coating the next plant the bee touches. This shows a high level of design only achievable by a God designer.</p> <p>I think that these arguments show evidence that the Teleological argument proves God's existence.</p>
3b	<p>Nibbana is a state one reaches in Buddhism after many years of practising and acting correctly. It is pure bliss, enlightenment, free from the constant suffering experienced on Earth.</p> <p>Nibbana is a state one reaches in Buddhism after many years of practising and acting correctly. It is pure bliss, enlightenment, free from the constant suffering experienced on Earth.</p> <p>One reason why Nibbana is not a realistic goal for Buddhists is because it</p>

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	<p>can take hundreds of years and many rebirths to achieve. If a person makes a mistake or commits a harmful action it may take gives them Bad Kamma, the opposite of Good Kamma which is the thing that you need to reach Nibbana. This makes it even harder to follow the guidelines on what you is should and shouldn't do to reach Nibbana, the Noble Eightfold Path. However to counter this I think that if the Buddha reached enlightenment enlightenment and he is Buddhism's greatest role model then they should always to strive to be like him.</p> <p>One reason that I believe makes Nibbana an achievable</p>

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	<p>goal is that following the the guidelines layed out by the Buddha on how to achieve Nibbana most people do already. The Noble Eightfold Path is a set of eight pieces pieces of advice the Buddha had to help people achieve Nibbana. Some include "do not steal" and "do not kill" as well as jobs he advised not to do such as "do not sell slaves". These things are already implemented in law across the world meaning that for follow these by following the law you are already completing these.</p> <p>Because of these reasons I can see why some how some do not think Nibbana is an achievable goal and some do.</p>

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	At Most But for no certainty it was God.