

# Candidate 7 evidence

## Part 2 – Study

'Pupils should take part in physical education activities from their first year of secondary school until they leave.'

Write an **essay**, explaining why you agree or disagree with this statement.

You should include some or all of the following:

- student interest and ability
- energy levels
- health and fitness
- competitiveness and teamwork
- achievement and awards

You may also add your own ideas.

You should write approximately 200–220 words.

Task Number

2

It is not a discovery that <sup>the</sup> modern generation is not moving enough since secondary school. And pupils have variety of reasons for that. Some children have too much homework, some ~~are~~ play too much of <sup>the</sup> videogames, and some have really serious health condition.

Therefore, schools have decided to add some more physical activities for pupils from every year.

Firstly, it sounds like a great idea. ~~The school~~ can organise games which will require teamwork from the pupils. Desire of teamwork will force children to use their communication skills. This can cause future improvements for communication.

Second good thing about PE activities is they can have positive impact of the pupils' fitness, no matter ~~it~~ on what level it is now. ~~The~~ pupils

will receive fresh air, and a good cardio.

Surely, school cannot force you to do all of this. But, it can motivate you. For winning some kind of competition or teamwork game school can provide small rewards. Maybe even adding a top list with 5 best performers for each activity, so pupils would feel that they achieve something. This is a different type of motivation for pupils.

And probably one the main reasons to do these events and take part in them is just to have fun and enjoy your time spent in school.

In my opinion it is the best idea I have ever heard. ~~It~~ I could not find any downside in this.