

# Candidate 1 evidence

World Religion Essay 1

Christianity

Christians believe that the Eucharist is the body of Christ. When Jesus gave the bread to his apostles he said, 'This is my body.' Christians also believe that the wine is the blood of Christ as when Jesus gave the wine to his apostles, he said, 'This is my blood.' John 6 states 'whoever eats my flesh and drinks my blood will earn eternal life.' This shows the purpose of practicing the Eucharist as Christians believe that Christ is truly present in the Eucharist and allows them to be closed to God and have a better relationship with him.

Christians believe that the Eucharist is a sacrament. It is one of the most important sacraments as Christ is present in all sacraments but in a unique way and in a more exciting way when receiving the holy communion. At mass when Christians join together to worship God in a group, they receive the Eucharist. Catholics are obliged to attend mass every Sunday, where they will receive the gift of the holy communion as part of the Eucharist. A purpose of Eucharist is by having a closer relationship with God helps us secure a place in heaven and gain eternal life.

The Eucharist is a form of worship which is a feeling of adoration towards God. By worshipping God, we can pray which can be done by speech, song, the Eucharist or even on your own or in a group. This shows that Christians feel closer to God by the Eucharist as they feel God is a part of them.