

# Candidate evidence

## Candidate 4- Everyday Life

### Part 1 — Everyday Life

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Read the task below and write your answer on the lined answer sheets below and on pages 03 and 04.

You write a popular lifestyle blog. This week, your topic is 'Top tips for managing your time'.

Write your blog post on this topic.

You should include some or all of the following points:

- planning ahead
- being tidy
- grouping tasks
- online shopping
- social media.

You may also add your own ideas.

You should write approximately 200–250 words.

I imagine you finally put your mind in peace and realise time is ticking, you start to realise your time management isn't great but that can easily be ~~avoid~~ avoided one of this being investing in a diary which includes a <sup>calendar</sup> calendar with dates you can write next to, to time manage your day. Ever since ~~I~~ I made this investment ~~invest~~ i became a better version of myself managing it all work, revision, quality time with friends and family, gym and most important time ~~to myself~~ for myself i used ~~to~~ to lack.

↳ Cleaning after myself has never been an issue for me, i have always found peace in tidying my room as it cleared my help, however to those who struggle to keep in task setting a goal for yourself and rewarding yourself after doing something you don't please is what i personally find help also finding a day you do, ~~this even~~ even that being once a week. Grouping tasking is one of those things that happen naturally without you even noticing, however always finding extra time for group tasks helps. Online shopping is one of those things teenagers often are actually losing their free time on, i find setting yourself a weekly reminder to have a look at what's new is helpful, this also includes social media use it's a complete time waster where we lose a lot of time, however i recommend social media and Online shopping being a part of your chill time after your daily tasks this being an award for ~~doing so~~ keeping yourself distracted

during the day. This then helps ~~your daily~~  
~~routine~~ so you stay motivated and on  
task everyday which doesn't only change  
you as a person but creates your  
new mindset of being the best version  
of yourself, achieving many goals on your  
way up.