

Candidate 4 evidence

ENTER NUMBER OF QUESTION	DO NOT WRITE IN THIS MARGIN
1)	<p>a) One development method I have used to improve my split leap is flexibility. This is because I kept consistent with my stretching routine & completed it at least 2 times per week with static & dynamic stretches targeting my legs specifically, such as lunges, hamstring stretches and splits.</p>
	<p>b) I first ensured my muscles were warmed up to prevent injury by completing a short 5 minute warmup including star jumps, squats etc, I then used my select development method which is flexibility to to improve my split leaps by stretching stretching all of my leg muscles aiming for a flat split position which I would then apply to my jump. I would begin by getting into a lunge position using different</p>

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5)	<p>One social / cultural factor which has influenced jazz dance would be the Minstrel Shows. This had an influence on jazz as white americans used to mock people of colour through dance and by painting their faces black leaving wide un-painted circles around their eyes and mouth as they did it, the minstrel Africans were banned from dancing & playing the drums so they then continued to make rhythms with the their bodies instead this had a positive influence on jazz as as we still see people use their hands & feet to create sounds today.</p>
6)	<p>a) In section A (section 1) of Swan Song by Christopher Bruce the prisoner of performs his solo for the first time & a suspenseful, eerie atmosphere is created as</p>

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the audience wonder what is happening at this point as he is alone on stage in complete silence as he creates slow & controlled movements with little ~~emph~~ expression on the face, keeping the dynamics consistent throughout the section.

b) Christopher Bruce uses music/sound to enhance this section (section A) by actually using none at all, ~~the~~ the sound of silence throughout enhances the section as it adds tension, keeping the audiences attention locked as they wait for what's going to happen next, they may be bracing themselves for a sound or hyperfixated as they also ~~try~~ try not ~~to~~ to make a sound adding intensity to the suspenseful atmosphere, and holding the attention subconsciously.

7) In the final section of the piece,

ENTER NUMBER OF QUESTION	back to the start	DO NOT WRITE IN THIS MARGIN
	<p>contracting everything back inwards, this communicates the intention of him giving up as he realises that no one can help him out and so, stops trying and accepts his fate forever.</p>	
8a	<p>Key movements within a motif are used to communicate the theme/intentions to the audience helping them to understand the piece more by these identifiable moves, as they are constantly repeated throughout an entire piece. & sometimes are developed/made slightly different as sections change along with the theme/s or point of the section. An example of this would be the tapping key movements made in the guards motif in Swansong.</p>	
4)	<p>Key characteristics have a positive impact on jazz dance as costume</p>	

